

関節リウマチ分類基準(1987年、米国リウマチ学会)

1. 1時間以上の朝のこわばり
2. 3ヶ所以上(PIP、MCP、手首、肘、膝、足首、MTP)の関節腫脹
3. 手首、MCP、PIP関節の腫脹
4. 対称性関節腫脹
5. リウマチ因子陽性
6. 手、指の関節骨びらん、または関節周囲の骨密度低下所見
7. リウマチ結節

1～4は6週間以上の継続が条件

7項目中4項目を満たすものを関節リウマチと分類

2010 Rheumatoid arthritis classification criteria: an American College of Rheumatology/European League Against Rheumatism collaborative initiative

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ABSTRACT

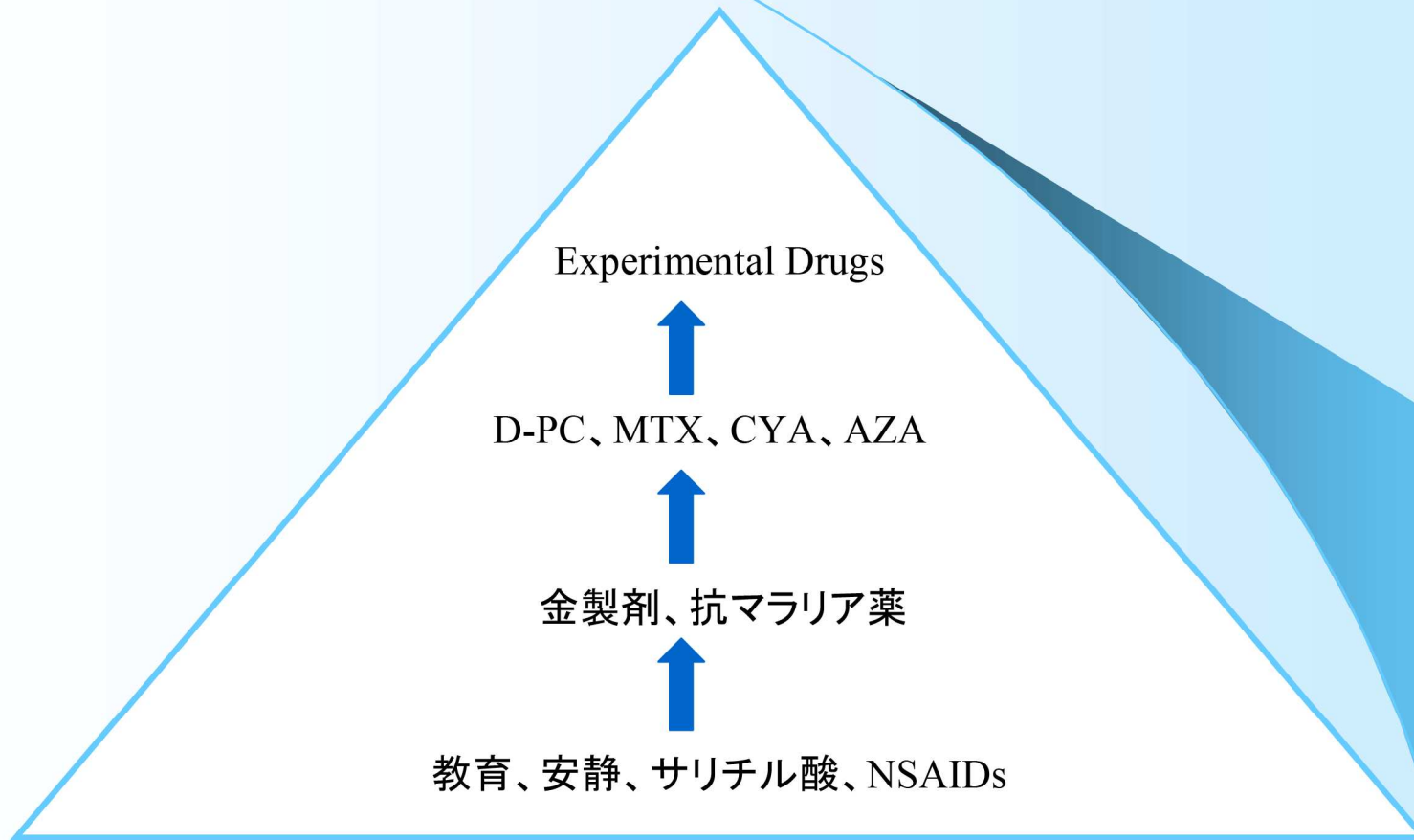
Objective The 1987 American College of Rheumatology (ACR; formerly the American Rheumatism Association) classification criteria for rheumatoid arthritis (RA) have been criticised for their lack of sensitivity in early disease. This work was undertaken to develop new classification criteria for RA.

Methods A joint working group from the ACR and the European League Against Rheumatism developed, in three phases, a new approach to classifying RA. The work focused on identifying, among patients newly presenting with undifferentiated inflammatory synovitis, factors that best discriminated between those who were and those who were not at high risk for persistent and/or erosive disease—this being the appropriate current paradigm underlying the disease construct 'RA'.

Results In the new criteria set, classification as 'definite RA' is based on the confirmed presence of synovitis in at least one joint, absence of an alternative diagnosis

- ▶ This criteria set has been approved by the American College of Rheumatology (ACR) Board of Directors and the European League Against Rheumatism (EULAR) Executive Committee.
- ▶ This signifies that the criteria set has been quantitatively validated using patient data, and it has undergone validation based on an external data set.
- ▶ All ACR/EULAR approved criteria sets are expected to undergo intermittent updates.
- ▶ The American College of Rheumatology is an independent, professional, medical and scientific society which does not guarantee, warrant, or endorse any commercial product or service.

以前のRA治療パラダイム; 旧ピラミッド



関節リウマチってどんな病気？

RA患者の生命予後(米国人886人のデータ)

